

Gregory L. Richards, M.D.  
Board Certified Psychiatrist

*Dr. Mercato*  
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Michael Mercatoris, Ph.D. & Associates, P.C.  
462 Chestnut Street • Meadville PA 16335 • 814-336-6308 • FAX 814-337-6067

September 18, 2001

CONFIDENTIAL PSYCHIATRIC EVALUATION

Patient: Claudette DeLeon

Date of Birth: 7/3/53

Date of Evaluation: 9/18/01

Chief Complaint/Reason for Evaluation

This is a 48-year-old, married, Hispanic female presenting for evaluation for depression and anxiety referred by Dr. Mercatoris.

History of Present Illness

This woman has had a long history of anxiety related issues, depressive symptomatology and flamboyant personality. She has had two previous psychiatric hospitalizations at St. Vincent's that occurred in 1998 during the school year and then in July of that same year. She also had been involved with a DUI that involved some alcohol on top of Paxil medications and this created quite a splash at the school where she teaches and in the community. She was on probation after this and successfully completed this. She has been treated on a variety of medications for her symptoms. She is currently on BuSpar 15 mg b.i.d. and Ativan 0.5 mg on a p.r.n. basis that she takes 1-2 times per week by her reports. She has been on previous trials of Serzone that caused increased anger. She had been on Paxil that caused sedation. Prozac made her thought processes confused and Zoloft. She continues to complain of depressive symptomatology and anxiety. She has classic panic attacks where she gets anxious, short of breath, diaphoretic and feels like fleeing. This has caused problems at school also.

Currently a lot of pressures revolve around her performance at school being scrutinized by Mr. Deshner. She states that he has been harassing her and has been trying to get her fired. Evidently last year she had an observation that went well and then towards the end of the school year he came and did another observation when the students were all wired for getting ready for school to end and gave her a bad evaluation. An action plan has been put in place starting this school year for 6 weeks. She is concerned about this. She feels that Mr. Deshner is out to get her and this may very well be the case. The patient is

a Spanish teacher and has taught for Crawford Central for 12 years. Prior to that, she had taught at Mercyhurst for one semester and also for another school district for one semester. She graduated with an education degree from Edinboro University and then got her Masters Degree at Mercyhurst.

In regards to family history of psychiatric problems, she states that her mother was always difficult to get along with. Her father died when she was age 15. She does not know that much about his background. She states that he was murdered in a political fashion in Mexico City. The patient's mother and step-father live in Mexico City. Mother is age 73 and step-father is 76. She has had no contact with them for sometime. She has 2 full sisters and 1 full brother that live in Mexico City. She has a half-brother and half-sister from her mother's second marriage. She is not in touch with any of her relatives and all relatives live in Mexico City with the exception of one sister who lives in Houston. She does not have contact with her as well. She is unaware of any other family history problems.

The patient denies any drug or alcohol history; although, she does have the one DUI as documented. She only drinks 1-2 times per month socially by her reports. She is currently married for the 4<sup>th</sup> time to her husband who is a Mexican. He is a migrant farm worker. He has problems with alcohol abuse and gets abusive to her when he has been drinking. Otherwise, he treats her well. She has two children from her first marriage, Joseph, age 19, who is in the Army and is stationed in Germany. Her daughter, Kathleen, is age 22, and is currently in college at the University of Edinboro. She lives off campus in Edinboro. Apparently after her divorce of her husband, her son resided with her husband and her daughter was raised by her.

In regards to vegetative signs, the patient sleeps all right. Her appetite is fair by her reports. Physically, she is in good health. She has had a history of having a fibroid tumor in the past. She has had a past hernia repair. She is allergic to Sulfa by her reports. Otherwise, she is in good physical health.

#### Mental Status

This is an alert, oriented, woman who looks approximately her stated age. She is neatly dressed and groomed. She is oriented to all spheres. Her mood is anxious and slightly depressed. Her affect is a little over reactive, but is appropriate. Her memory, long and short-term, are intact. Her concentration is within normal limits. Her thoughts are goal directed. There is no evidence of active thought disorder. She denies hallucinations or delusions. She denies any suicidal ideation currently, but does admit to this in the past leading to her last hospitalization at St. Vincent's in July, 1998. Insight and judgment are within normal limits.

Diagnoses

Axis I: Panic attacks without agoraphobia.  
Axis II: Borderline personality traits.  
Axis III: None.  
Axis IV: Moderate.  
Axis V: 55.

Recommendations

At the present time BuSpar will be increased to 15 mg t.i.d. p.r.n. Ativan will continue at 0.5 mg. Celexa trial will be begun at 20 mg daily. Effects and side effects were fully discussed. Individual therapy will continue. The patient will return for reevaluation.

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## CURRICULUM VITAE

### GREGORY L. RICHARDS, M.D.

#### PERSONAL

Date of Birth: October 13, 1953  
Marital Status: Married, 3 children

#### LICENSURE

1982 State of Connecticut Department of Health Services  
No. 22157 (Status expired)

1992 Commonwealth of Pennsylvania  
MD-048730-L

#### CERTIFICATION

1986 Board Certified Psychiatry and Neurology

#### PROFESSIONAL EXPERIENCE

1/01 – Present Private Practice – General Psychiatrist  
**Michael Mercatoris, Ph.D. & Associates P.C.**  
462 Chestnut St.  
Meadville, Pa 16335

12/01 – Present Contracted Psychiatrist  
**Hermitage House Youth Services**  
P.O. Box 748  
Edinboro, Pa 16412

9/01 – Present Contracted Psychiatrist  
**Allegheny College**  
North Main Street  
Meadville, Pa 16335

8/04 - Present	Contracted Psychiatrist <b>Stairways Behavioral Health</b> Counseling Services of Crawford County 115 West Spring Street Titusville, Pa 16354
10/06 – Present	Contracted Psychiatrist <b>Stairways Behavioral Health</b> 16332 Conneaut Lake Road Meadville, Pa 16335
7/04 – Present	Contracted Psychiatrist <b>Beverly Healthcare</b> 81 Dillon Drive Titusville, Pa 16354
8/04 – 9/05	Contracted Psychiatrist <b>Stairways Behavioral Health</b> 138 East 26 <sup>th</sup> St Erie, Pa 16504
1/01 – 4/04	Contracted Psychiatrist <b>UPMC Behavioral Health Network</b> 464 Pine Street Meadville, Pa 16335
7/99 – 6/03	Medical Director of Psychiatric Services <b>Bethesda Children's Home</b> 15667 State Highway 86 Meadville, Pa 16335
7/99 – 1/01	Medical Director of Psychiatric Services <b>Bethesda Community Care</b> 464 Pine Street Meadville, Pa 16335
1995 – 6/99	Meadville Director of Psychiatric Services <b>Meadville Medical Center</b> Meadville, Pa 16335
12/92 – 1995	Staff Psychiatrist <b>Meadville Medical Center</b> Meadville, Pa 16335

7/91 – 12/92	Adolescent Inpatient Services Director <b>Institute of Living</b> Hartford, CT
4/90 – 12/92	Director, Adolescent Partial Hospitalization <b>Institute of Living</b> Hartford, CT
1989 – 12/92	Assistant Professor <b>University of Connecticut Medical School</b> Farmington, CT
1984 – 12/92	Staff Psychiatrist <b>Institute of Living</b> Hartford, CT
1986 – 1990	Unit Chief – Young Adolescent Unit <b>Institute of Living</b> Hartford, CT
1984 – 1986	Assistant Director of HMO Services <b>Kaiser Permanente</b> East Hartford, CT
1984 – 12/92	Private Practice – General Psychiatrist Hartford, CT
1982 – 1985	Unit Administrator – Fuller I (General Adult Psychiatry) <b>Institute of Living</b> Hartford, CT

#### **RESIDENCY TRAINING**

1983 – 1984	Chief Resident Institute of Living Hartford, CT
1980 – 1984	Institute of Living Hartford, CT

#### **EDUCATION**

1976 – 1980	Tulane University Medical School – M.D. New Orleans, LA
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## **HONORS/AWARDS**

1983	Tulane Memorial Psychiatric Award
1971 – 1975	Alden Scholar – Allegheny College
1974	Phi Beta Kappa

## ORGANIZATIONS

**Institute of Living Association  
American Psychiatric Association  
Past President of the Resident Association, Institute of Living  
American Society for Adolescent Psychiatry**